

Red Rock Grill

Breakfast

Eggs Benedict* -10.75

Sliced ham, 2 eggs atop a toasted English muffin. Served with hash browns and creamy hollandaise sauce.

Classic Zion* -6.75

2 eggs any style. Served with hash browns and toast or muffin.

Red Rock Flapjacks -6.75

Served hot off the griddle with whipped butter and our sweet cactus syrup.

Weeping Rock Waffle -8.50

Served with your choice of maple syrup or house-made sweet cactus syrup. Add chocolate chips or bananas 1.00 each

Hop Valley Mixed Grill* - 11.00

2 eggs any style, 2 bacon, 2 sausage, hash browns, and your choice of toast or muffin.

Quaker Oatmeal -6.65

Served with brown sugar, seasonal berries a side of toast and choice of milk or soy or almond milk.

Cold Cereal -3.49

Raisin Bran, Lucky Charms or Frosted Flakes.

French Toast -7.50

3 slices of French bread dipped in egg batter and flavored with cinnamon, nutmeg and vanilla. Served with a side of maple syrup .

Omelets

Served with shredded hash browns, and your choice of toast or fresh baked muffin.
Egg Beater substitute available on request add 1.50

Zion Western Omelet* -10.95

3 egg omelet with pepper jack cheese, sausage, bell peppers, mushrooms, onions and served with a side of salsa.

Veggie Omelet* -10.50

3 egg omelet with onions, bell peppers, and mushrooms.

Ham & Cheese Omelet* -10.10

3 egg omelet with diced ham and cheddar cheese.

Cheese Omelet* -9.65

3 egg omelet with cheddar cheese.

Kids Breakfast Menu

Mini Red Rock Flapjacks -4.75

4 mini sized flapjack with syrup and a choice of 1 bacon strip or sausage.

Hot Oatmeal -6.00

Served brown sugar and milk.

Little Healthy Hiker -6.50

Dried cranberries and granola over your choice of low fat plain or strawberry yogurt.

Sun Beam Special -4.50

1 egg any style, 1 bacon and 1 toast.

Cold Cereal -3.49

Raisin Bran, Lucky Charms or Frosted Flakes.

Beverages

Soft drinks – 2.75

Coffee & tea – 2.57

Juice – 2.99

Milk & Chocolate milk– 2.80

San Pellegrino – 3.50

Specialty Coffee

Cappuccino and Latte – 3.54

Americano – 3.20

Espresso single – 2.50

Espresso double – 5.00

Decaf available upon request

**Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness.*

Gluten-free items available upon request.



Items that meet Xanterra Parks & Resorts Sustainability Standards are as follows: Local: Utah Grown Tomatoes, Utah Stone Fruit, Arizona Pecans, Animal Welfare: Cage Free Eggs. Locally sourced Bacon, Pan cake Mix, and Rainforest Alliance Certified Coffee and Tea.